

Wednesday May 26, 2010 will be a Code Orange Air Quality Action Day for the State of Delaware

Warm temperatures, sunny skies and light winds, becoming variable in the afternoon, will allow ozone concentrations to reach the Code Orange range.

The highest concentrations will be found across northern Delaware late in the afternoon and into early evening.

PM concentrations will rise but remain well within the moderate range.

#### Help Clean The Air Tips:

1. Ride DART First State. Don't know what bus route to ride, or what time to be at the bus stop? Visit DART's website at <http://www.dartfirststate.com> or call them at 1-800-652-DART in New Castle and Kent Counties, and 1-800-553-DART in Sussex County.
2. Carpool with friends and/or coworkers. To find a carpool partner or if you already ride the bus/train, and want to register for our Home Free Guarantee, call RideShare Delaware at 1-888-RIDE-MATCH or visit <http://www.ridesharedelaware.org>
3. Limit daytime driving and combine errands
4. When you must drive, try to avoid congested periods
5. Ride public transportation or carpool to work
6. Maintain your vehicle's emission control equipment
7. Walk or ride a bicycle for short, easy trips
8. Postpone the use of gasoline-powered mowers until evening
9. Refuel your car in the evening - and don't top off your tank
10. Avoid lighting your barbecue with starter fluid
11. Avoid prolonged idling and jackrabbit starts
12. Use latex rather than oil-based paints

Ground-level ozone is a real threat to our health because it reacts with sensitive lung tissue, causing harmful changes in breathing passages.

Children, the elderly and individuals with respiratory diseases are especially harmed by ozone. Even healthy individuals can be harmed if they attempt strenuous activity on days with high ozone...those days should be used for inside low physical stress activity.

REMEMBER, this may seem like a small contribution by you as an individual, but if we can get solid public involvement, working together we CAN make a real difference!

Any health related questions should be directed to the Division of Public Health at 302-739-6619. All other questions should be directed to the Air Quality Management at 302-739-9402. Also, if you're interested in seeing hourly monitoring data of ozone and other air pollutants visit our website at: [http://www.dnrec.state.de.us/air/aqm\\_page/air\\_mont.htm](http://www.dnrec.state.de.us/air/aqm_page/air_mont.htm)